



Trust in the LORD with all your heart; and lean not to your own understanding.
Proverbs 3:5

Like so many of you, I had hoped to awaken this morning to a new world – a world that had made a stand to resoundingly reject hatred, prejudice, bigotry and divisiveness. And even though all the major news networks have spent the last months warning us that the results of this election would not come quickly, I wanted them to. But of course, they have not. And so instead of waking up with renewed hope, we wait. And in that waiting must come trust.

We have become so accustomed to quick answers. We all carry in our pockets a tiny computer capable of telling us the answers to almost any question we ask within seconds. As a result, we have developed strong desires to take things into our own hands and handle whatever storm we encounter on our own.

So many of the things that cause us the most difficulty and heartache in life, the source of so much of our anxiety, fear, doubt, and anger with others and with God, is the result of leaning on our own understanding. But the Book of Proverbs tells us that we are to trust in the Lord with all our hearts. Not with our heads. We are not to trust in an intellectual way. No, we are to trust God from the very core of our beings. This doesn't mean setting aside our own intellect, but instead, resting on the intellect of God. And so while our heads struggle to make sense of such a strange election, our hearts must remain hopeful and trust filled.

Stay positive in these coming days. Do not lose your trust in God. Reach out to friends and loved ones to make sure they are doing ok. And more importantly, reach out to friends and loved ones if YOU are not okay. Know that you are not alone in how you are feeling during this unprecedented election cycle. It has been overwhelming. It has been exhausting. And no matter the outcome, roughly half of our country will be disappointed in the results. Still, trust that God will guide us through this storm.

Holy One, help us to maintain our trust in you, always. Amen.

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